



CCRAF NEWSLETTER
APRIL 2026 – JUNE 2026

**Centre for Community Resilience
and Advocacy Foundation**

Every Voice Matters, Every Life Counts

CCRAF INDIA NEWSLETTER



About CCRAF

The Center for Community Resilience and Advocacy Foundation (CCRAF) is a non-profit organization dedicated to building stronger, more resilient, and inclusive communities. Through education, empowerment, research, and evidence-based advocacy, it works to promote equitable and sustainable development while addressing the socio-economic, environmental, and psycho-social dimensions of human wellbeing.

Our mission is to empower individuals and communities to become agents of positive change. CCRAF focuses on strengthening mental and public health, inclusive education, child rights, gender justice, and community disaster resilience, while promoting innovation, research, and community participation.

The organization works multiple key focus areas including holistic education, mental health and psycho-social wellbeing, career guidance and counselling, health and nutrition, women empowerment, critical care for elders, environmental sustainability, gender equality, disaster preparedness, and community development. Through these initiatives, CCRAF aims to create meaningful and lasting impact for vulnerable and marginalized section of society.

Special emphasis is placed on empowering women and youth. In Rajasthan, CCRAF supports rural women by providing tailoring and skill-based livelihood opportunities, enabling them to achieve financial independence while contributing to sustainable community development.

CCRAF works closely with schools and slum children education to support holistic student wellbeing by offering school counseling, life-skills education, and early support for academic or emotional challenges. By promoting safe and inclusive learning environments, strong parent-teacher communication, digital wellbeing, and healthy coping skills, the foundation helps young individuals grow into confident and resilient citizens.

Through compassion, collaboration, and innovation, CCRAF continues to nurture resilient communities where every individual has the opportunity to learn, grow, and thrive.

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Education



Mental health



Health and
nutrition



Community
development



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**Mental Health & Happiness Awareness Program
at M.G.S. Dhani Kumavatan**

APRIL 2026–JUNE 2026

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**World Environment Day Celebration 2026, JDA
Park, Mahesh Nagar**



**Bhajan & Counselling Sangam: A New Direction
Towards Mental and Spiritual Empowerment**

From the CCRAF Founder and Director's Desk



Sh. Ram Sharma

Dear Readers,

The CCRAF Foundation journey has been guided by a simple yet powerful belief — strong communities create a stronger society. Every initiative we undertake is rooted in our vision of building resilient, inclusive, and empowered communities capable of shaping their own future.

CCRAF has evolved into a platform working across multiple dimensions of human development focusing intervention on mental health, guidance and counselling for students, elderly care, and education for children in underprivileged slum communities. We strive to address real and pressing challenges while creating pathways for dignity, inclusion, and opportunity. A key priority of our work is empowering women, particularly in rural areas, through tailoring and stitching-based livelihood programmes. These initiatives not only equip women with practical skills but also enhance their employability and economic independence, enabling them to contribute meaningfully to their households and communities.

Education remains central for our mission. Through our collaborations with schools, we promote holistic student development by integrating mental health awareness, counselling support, life skills education, and career guidance. Our approach emphasizes early identification of academic and emotional challenges, fostering safe and inclusive learning environments, and strengthening engagement between schools, families, and communities.

We are equally committed to supporting the wellbeing of elderly populations and ensuring access to education for children in marginalized urban settlements, recognizing that inclusive development must address the needs of all age groups and social contexts.

At CCRAF, we also invest in research, innovation, and evidence-based advocacy to respond to emerging social issues and strengthen community resilience, particularly in the face of environmental and socio-economic challenges. This work could only be made possible through the collective efforts of our partners, educators, community leaders, volunteers, and supporters. As we move forward, we remain dedicated to empowering individuals and building sustainable, community-driven solutions that create lasting and transformative impact.

Founder and Director

From the CCRAF Co-founder and Director's Desk



Dr. Ganesh Narayan Choudhary

Dear Readers,

At CCRAF Foundation, we approach community development as an evolving and collaborative process that requires sustained engagement, institutional partnerships, and evidence informative action. Our work is guided by the belief that resilient societies are built when individuals and communities are equipped with knowledge, skills, and support systems necessary to navigate socio-economic, and environmental challenges.

CCRAF has developed into a multi-disciplinary platform addressing key areas such as mental health, student guidance and counselling, women empowerment, elderly wellbeing, and education for underprivileged children and slum communities. Through these interventions, we aim to strengthen human capabilities while ensuring inclusion, dignity, and equitable access to opportunities.

A major focus of our work is within school ecosystems. We implement structured programmes that integrate mental health awareness, psycho-social support, life skills education, and career guidance to promote holistic development among students. These efforts are complemented by initiatives that support women through tailoring and stitching-based skill development, enabling employment, financial independence, and community leadership.

In response to emerging environmental concerns and increasing vulnerability to disasters, CCRAF is actively working towards strengthening and establishing Disaster Risk Reduction (DRR) and Eco Clubs in schools. This can be seen as critical in fostering environmental awareness, preparedness, and responsible citizenship among young learners. In this direction, we are actively seeking collaborations with government agencies, academic institutions, and civil society organizations to expand the reach and impact of these initiatives.

Our commitment to research, innovation, and collaborative engagement ensures that our programmes remain adaptive and impactful. As we move forward, we welcome partnerships that contribute to building resilient, inclusive, and sustainable communities.

Co-founder and Director

From the CCRAF Chief Advisor's Desk



Mr. Deepak Ameta

Dear Readers,

At the Centre for Community Resilience and Advocacy Foundation (CCRAF), our work is guided by a strategic vision to strengthen both institutional frameworks and community capabilities in addressing complex and evolving development challenges. We believe that sustainable and inclusive development requires an integrated approach that combines grassroot level engagement with evidence-based planning, policy alignment, and continuous learning.

CCRAF operates as a multi-disciplinary platform, engaging across thematic areas such as education, mental health, gender equity, public health, and environmental resilience. Through a systems-oriented approach, the Foundation seeks to bridge gaps between community needs, service delivery systems, and governance structures. This enables the design of interventions that are not only contextually relevant but also scalable and sustainable.

The main priority of our work is fostering collaborative partnerships with government institutions, academic bodies, civil society organizations, and community stakeholders. Such convergence is essential to ensure that development initiatives are inclusive, participatory, and aligned with national and global development framework. CCRAF's initiatives within school eco-systems and community platforms highlight the importance of integrating psycho-social support, life skills education, and capacity-building interventions into existing institutional mechanism.

The Foundation also places strong emphasis on research, documentation, and knowledge dissemination. By generating practice-based evidence and promoting adaptive programme design, CCRAF contributes to informed policy dialogue and the replication of effective models across diverse context.

Moving forward is crucial to deepen institutional linkages, encourage innovation, and strengthen participatory governance processes that position communities at the centre of development. CCRAF remains committed to advancing resilient, equitable, and accountable systems capable of responding to emerging socio-environmental challenges.

Chief Advisor

MENTAL HEALTH AND CAREER GUIDANCE WORKSHOPS

Happiness and Wellbeing Workshop, 10 April 2026, , Kokawas, Sanganer



Government Upper Primary School, Kokawas, Sanganer

On 10th April 2026, the Centre for Community Resilience and Advocacy Foundation (CCRAF) successfully organized an inspiring and interactive Counselling Session and Workshop on “Mental Health and Happiness” at Government Upper Primary School, Kokawas, Sanganer. The event witnessed enthusiastic participation by the entire student community, along with teachers and B.Ed. interns.

The program commenced with a warm and heartfelt welcome. The Headmaster, Mr. Ravikant Choudhary felicitated the Director of CCRAF, Dr. Ganesh Narayan Choudhary with a bouquet, followed by a gracious welcome extended to the CCRAF team by the senior faculty members.

The session began with an insightful address by Dr. Ganesh Narayan choudhary, who introduced CCRAF and highlighted its mission, areas of work, and the purpose of the visit. His motivational words encouraged students to prioritize their mental well-being and personal growth.

The core of the program was conducted by Ms. Anamika Chakravarty, Project Coordinator at CCRAF. She led a highly engaging and interactive session, helping students understand the true essence of happiness—what happiness truly means and how it can be nurtured in daily life. Through motivational stories and with relatable

examples, she inspired students to reflect on their emotions and cultivate a positive mindset.

A special highlight of the event was the interactive “Happiness Workshop,” where participants were invited to write down the things that gave them the greatest happiness. Students, B.Ed. interns, teachers, and even the Headmaster enthusiastically took part in this activity. Each participant shared their thoughts, which were then displayed on a vibrant “Happiness Wall,” symbolizing collective positivity and emotional well-being.

The program also showed valuable participation from Senior Teacher Mr. Narayan Singh and Mrs. Mamta, whose presence and encouragement added to the success of the event. The entire event was effectively documented by Social Media Manager Mr. Ashish Vaishnav, who captured memorable moments and shared them through Facebook, Instagram, and YouTube, spreading awareness about the importance of mental health and the concept of “Happiness School.”

The session concluded on a highly positive and inspiring note, reinforcing the message that mental health as important as academic success. CCRAF remains committed to fostering mentally healthy and happy communities through such meaningful interventions.



Mahatma Gandhi Government Senior Secondary School, Madarampura, Sanganer, Jaipur

The Centre for Community Resilience and Advocacy Foundation (CCRAF) successfully organized a Mental Health Counselling Session and Interactive Workshop on 15th April 2026 at Mahatma Gandhi Government Senior Secondary School, Madarampura, Sanganer, Jaipur. The program aimed to create awareness about the growing importance of mental health among school students.

The primary objective of the session was to educate students about the importance of mental health, understanding the concept of happiness and emotional well-being, techniques for remaining positive during adverse situations, and methods to control and manage one's thoughts and emotions. The session also encouraged self-expression and resilience among adolescents.

Students from Class VI to XII actively participated in the session. The workshop was highly engaging and received an enthusiastic response from both students and teachers.

The program included an interactive counselling session, motivational storytelling, and engaging activities. A special 'Happiness Wall' activity was organized where each participant wrote the most significant reason for their happiness on a card, which was later displayed to symbolize collective positivity and gratitude. Senior teachers actively participated in the activities. The program was effectively conducted by the Project Coordinator, Ms. Anamika Chakravarty. Principal Mrs. Manorama Khandelwal,

warmly welcomed the CCRAF team and appreciated the initiative, emphasizing the need for such sessions in every school. Senior Teacher Mrs. Chandrakala, participated and provided positive feedback. Mr. Ashish Vaishnav, Social Media Manager, along with his associate Mr. Shankar Panchal, were acknowledged their valuable support.

The CCRAF team received a grand welcome from the school authorities. Principal Mrs. Manorama Khandelwal greeted the team and appreciated their efforts in promoting mental health awareness among students.

The program concluded with a heartfelt vote of thanks, during which the school administration expressed sincere gratitude to CCRAF for organizing such a meaningful and impactful initiative. Principal Mrs. Manorama Khandelwal highlighted the urgent need for similar sessions across schools to support students' emotional and psychological well-being.

The session successfully enhanced awareness about mental health among adolescents, encouraged students to openly express their emotions, fostered a positive and supportive school environment, and strengthened collaboration between CCRAF and educational institutions.

The event was a remarkable success, leaving a lasting impression on students and faculty alike. CCRAF continues its commitment to promoting holistic well-being through such community outreach programs.



Government Upper Primary School, Jagannathpura, Sanganer

Today marked yet another meaningful and impactful initiative by the Centre for Community Resilience and Advocacy Foundation (CCRAF). A well-curated awareness and counselling program was successfully conducted at the Government Upper Primary School, Jagannathpura, Sanganer, bringing together education, environmental responsibility, and mental well-being on a single platform.

The event began on a warm and respectful note. The school's Headmaster, Shri Sitaram sir, along with senior teachers Bhavana Vyas Ma'am and Shakuntala Ma'am, welcomed CCRAF's Director, Dr. Ganesh Narayan Choudhary, with a bouquet. The entire CCRAF team was also graciously welcomed, setting a positive tone for the day.

As part of the collaborative effort, Desire Foundation played an important role in spreading awareness about environmental sustainability. The session was led by Shri Yogi Ji, Project Coordinator at Desire Foundation, who engaged the students with a simple yet powerful message—reduce the use of polythene bags and switch to reusable cloth bags. He explained why this shift is essential, highlighting how plastic harms our environment and health, and how small changes in daily habits can create a big impact.

The highlight of the program was the Mental Health and Happiness Counselling Session conducted by Anamika Chakravarty Ma'am, Project Coordinator at CCRAF. It was an engaging and interactive session where both students and teachers actively participated.

One of the most touching moments was the "Happiness Wall" activity. Participants were given cards to write down what truly makes them happy. Students and teachers came forward one by one to share their thoughts and create an atmosphere of openness and positivity. These cards were then placed on the Happiness Wall, symbolizing shared joy and collective well-being.

Through this session, participants learned the importance of staying happy, expressing emotions, and supporting each other. The message was clear—mental health matters, and creating spaces like these in schools can make a lasting difference in young minds.

The entire event was well documented by Shri Ashish Vaishnav Ji, Social Media Manager at CCRAF, who captured videos throughout the program. These will be shared across platforms such as Instagram, Facebook, and YouTube to spread awareness and encourage more people to adopt eco-friendly habits and prioritize mental well-being.

The school administration appreciated the initiative and expressed that such programs should be conducted in every school, as awareness about mental health and environmental responsibility is the need of the hour.

The program concluded with a heartfelt vote of thanks by Dr. Ganesh Narayan Chaudhary, Director of CCRAF, who expressed his gratitude to the school staff, students, Desire Foundation, and the entire CCRAF team for their active participation and support.

Overall, the session was not just only informative but deeply fulfilling—leaving behind smiles, awareness, and a strong message for a healthier and happier future.

Mental Health and Happiness Workshop, 23 April 2026, Acharawala, Sanganer



Government Senior Secondary School, Acharawala, Sanganer

CCRAF successfully organized a Mental Health and Happiness Workshop at Government Senior Secondary School, Acharawala, Sanganer. The event witnessed enthusiastic participation from both students and teachers, making it an engaging and impactful learning experience for everyone.

The program commenced with a warm welcome by the Vice Principal, Mrs. Nisha Jain, who felicitated CCRAF Director Dr. Ganesh Narayan Choudhary with a bouquet and welcomed the entire CCRAF team.

The workshop was conducted by Project Coordinator Mrs. Anamika Chakravarty, who facilitated an interactive counselling session on mental health, emotional well-being, happiness, self-awareness, confidence building, and positive thinking. The session encouraged students to openly express their thoughts and emotions in a safe and supportive environment.

A series of activity-based learning exercises were organized to enhance participation and engagement. Students wrote their thoughts on Happiness Cards, shared them with their peers, and displayed them on the Happiness Wall. They also shared personal stories, achievements, strengths, and experiences that inspired them. These activities helped students recognize their potential, develop self-confidence, and build positive relationships with others.

The workshop received active participation from teachers including Mr. Pritam Singh (Lecturer), Mrs. Pinki Sharma (Lecturer), Mrs. Saroj Sharma (Lecturer), Mr. Vishnu Sharma, Panchayat Sahayak, and other school representatives. Their involvement further strengthened the program.

The entire event was documented and captured by CCRAF Social Media Manager Mr. Ashish Vaishnav to promote awareness about mental health and happiness within the wider community and encourage positive conversations around emotional well-being.

The workshop concluded on a positive note, with students and teachers expressing appreciation for the interactive activities and meaningful discussions. The event reinforced the importance of mental health awareness and highlighted the need for creating supportive environments where young people can thrive emotionally, socially and academically.



Government Senior Secondary School, Acharawala, Sanganer

Key Takeaways:

- Increased awareness about mental health and emotional well-being.
- Students learned the importance of self-expression and positive thinking.
- Enhanced confidence through sharing personal strengths and experiences.
- Improved peer interaction and emotional connection among participants.
- Greater understanding of happiness as a daily practice and life skill.

Impact of the Workshop:

The workshop created a positive and inclusive environment where students felt comfortable sharing their feelings and experiences. It encouraged self-reflection, strengthened emotional resilience, and promoted healthy communication. The activity-based approach helped participants engage actively, making the learning experience memorable and meaningful.

Conclusion:

The Mental Health and Happiness Workshop was a successful initiative by CCRAF that empowered students and educators with practical insights into emotional well-being and personal growth. Through counselling, interactive activities, and collaborative participation, the program effectively promoted mental health awareness and inspired participants to adopt a more positive and balanced approach to life.

Mental Health & Happiness Awareness Program , 25 April 2026, Sanganer



Government Balika Senior Secondary School, Marwadi Sammelan, Sanganer

CCRAF India successfully conducted a Mental Health and Happiness Counselling Session at Government Balika Senior Secondary School, Marwadi Sammelan, Sanganer. The session aimed to promote emotional well-being among students through interactive discussions and engaging activities.

The program began with a warm welcome from the school Principal, Mrs. Sangeeta Sharma, who greeted the CCRAF Director with a bouquet. The entire CCRAF team was welcomed with enthusiasm. Before the session commenced, the Principal appreciated CCRAF's dedicated work in the field of mental health and highlighted the importance of such initiatives for students.

As a token of gratitude, Dr. Ganesh Narayan Choudhary presented a token of appreciation to the Principal on behalf of CCRAF India.

The session was conducted by Project Coordinator, Mrs. Anamika Chakravarty, explained various aspects of mental health in a simple and relatable manner. She emphasized the importance of staying happy, understanding emotions, and maintaining a positive mindset in daily life.

To make the session more engaging, interactive activities were conducted. One of the key activities was the "Happiness Card",

where students wrote about what makes them truly happy. These cards were displayed on a "Happiness Wall," beautifully reflecting the students' thoughts and emotions. Teachers actively participated, making the session lively and inclusive.

Many students came forward to share their happiness stories on stage, creating a positive and energetic environment throughout the program.

At the end of the session, respected teachers including Smt. Anita Ji and Smt. Mamta Ji appreciated the initiative and shared positive feedback about the program.

The entire event was documented by Social Media Manager, Shri Ashish Vaishnav, to spread awareness through social media platforms such as Instagram, Facebook, and YouTube. Supporting him in photography, Shri Shankar Panchal also captured the memorable moments of the session.

The program was very successful in spreading awareness about mental health and encouraging students to express themselves openly. CCRAF India remains committed to organizing such meaningful initiatives in the future.



MENTAL HEALTH & HAPPINESS AWARENESS PROGRAM AT M.G.G.S. DHANI KUMAVATAN, SANGANER, 30 APRIL 2026



Today marked a significant day for CCRAF India as our team successfully conducted a Mental Health and Happiness Counselling Session at M.G.G.S. Dhani Kumavatan, Sanganer. The event was well designed to promote emotional well-being among students through interactive discussions and engaging activities.

The program commenced with a warm welcome ceremony, where the school Principal, Mr. Anil Kumar Sharma, greeted the CCRAF Director with a bouquet. The entire CCRAF team was also welcomed with great respect and enthusiasm. Before the session began, the Principal appreciated CCRAF's continuous efforts in the field of mental health and emphasized how such initiatives are highly beneficial and much needed for students today.

As a gesture of gratitude, Dr. Ganesh Narayan Choudhary presented a token of honor to the Principal on behalf of CCRAF India.

The session was effectively conducted by Project Coordinator, Mrs. Anamika Chakravarty, who addressed various aspects of mental health in a very simple, relatable, and engaging manner. She explained to students the importance of staying happy, how happiness influences overall well-being, and practical ways to maintain positivity in daily life.

To make the session more interactive and meaningful, a few activities were conducted. One of the most appreciated activities was the "Happiness Card", where students expressed what truly makes them happy. These cards were then displayed on a "Happiness Wall" creating a beautiful and vibrant reflection of students' emotions. Teachers also actively participated in the activity, making it even more inclusive and lively.

Several students enthusiastically came forward on stage to share their thoughts and sources of happiness, creating a positive and encouraging environment throughout the session.

Towards the end, respected teachers including Smt. Rekha Goswami, Mr. Anil, and Ms. Shalu shared their feedback and appreciated the initiative, acknowledging its importance in today's academic and social environment.

The entire event was skillfully documented by The Social Media Manager, Shri Ashish Vaishnav, ensuring that this meaningful initiative reaches a wider audience through platforms like Instagram, Facebook, and YouTube. Supporting him in photography, Shri Shankar Panchal also contributed significantly in capturing the essence of the program.

This session not only spread awareness about mental health but also created a safe space for students to express themselves openly. CCRAF India remains committed to promoting mental well-being and looks forward to organizing more such impactful programs in the future.



Government Primary School, Bagron Ka Bar (Jaipur)

CCRAF successfully conducted another Mental Health and Happiness Counselling Session and Interactive Workshop at Government Primary School, Bagron Ka Bar, with the aim of promoting emotional well-being, positivity, and healthy communication among students.

The program began with a warm welcome by Headmistress Mrs. Sita Kumawat and Mrs. Varsha, who appreciated the initiative and encouraged students to participate actively in the session.

The workshop was conducted by CCRAF Project Coordinator, Mrs. Anamika Chakravarty, who connected effectively with the children through open conversations, engaging counselling activities, emotional awareness discussions, and interactive games. Students actively participated and confidently shared their feelings, experiences, and thoughts during the session.

Children were guided on important aspects of mental and emotional wellness, including:

- Sharing emotions and problems without fear
- Understanding that every feeling is important
- Taking care of their mental health on a daily basis
- Building positive thinking habits
- Communicating openly with teachers and parents
- Choosing happiness, kindness, and self-confidence in everyday life

Students were also encouraged to express:

- What makes them truly happy
- Moments when they felt sad or emotionally disturbed
- Activities and people that give them comfort and happiness

Teachers also participated in the interaction and shared their observations regarding students' emotional needs and behavioral growth.

At the end of the workshop, all participants shared positive feedback and appreciated the meaningful efforts of CCRAF in the field of student mental health awareness. Headmistress Mrs. Sita Kumawat specially appreciated the work of CCRAF and mentioned that such programs should be conducted in many more schools to support students emotional and mental from an early age.

The entire event was documented by CCRAF Social Media Manager, Mr. Ashish Vaishnav, for awareness campaigns on Instagram, Facebook, and YouTube, so that more schools, parents, and communities can understand the importance of mental health education for children.





Government Sindhi Upper Primary School, Sanganer

CCRAF successfully organized a highly engaging and meaningful Mental Health & Happiness Counselling Program at Government Sindhi Upper Primary School, Sindhi Sanganer on 16th May 2026. The program received a warm welcome from Headmistress Mrs. Lalita Manghani, who appreciated the efforts and vision of the entire CCRAF team.

The session was creatively conducted by Project Coordinator Ms. Anamika Chakravarty along with the CCRAF Social Media Management Team. The program focused on emotional well-being, positivity, self-care, stress management, and happiness among students and teachers through interactive and activity-based learning.

One of the most inspiring activities of the session was “My Story, My Strength”, in which teachers shared personal experiences about difficult situations in their lives and explained how they overcame challenges with courage, patience, and inner strength. Their stories deeply inspired students and encouraged them to believe in themselves.

Another impactful activity, “How Do I Feel?”, helped children identify and express different emotions through emoji faces. Students openly discussed situations when they feel happy, sad, excited, frustrated, angry, bored, or annoyed. The activity encouraged emotional awareness and healthy communication among children.

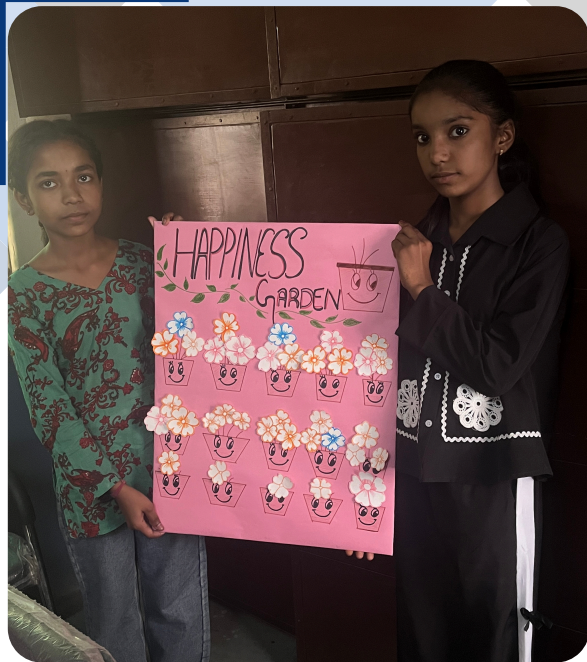
The “Happiness Garden” activity became a joyful highlight of the session. Students were given flower-shaped cards where they wrote about things that bring happiness into their lives. CCRAF specially prepared a Happiness Garden display board where students placed their flowers, beautifully symbolizing positivity, gratitude, and emotional growth.

The session also emphasized the importance of daily meditation, self-care, positive thinking, emotional balance, and techniques to manage stress in daily life. Students were encouraged to stay emotionally strong, confident, and mentally healthy.

Teacher Mrs. Hema Parik also shared her inspiring life story with the students and appreciated the initiative. She expressed that such mental health awareness programs should be conducted regularly in every school because emotional well-being is essential for every child.

A special moment of the event was when CCRAF Director Dr. Ganesh Narayan Choudhary, presented a diary as a token of appreciation to Headmistress Mrs. Lalita Manghani on behalf of CCRAF. The gesture reflected gratitude, respect, and the organization's commitment toward educational and emotional development initiatives.

Headmistress Mrs. Lalita Manghani highly appreciated the efforts of the CCRAF team and praised the unique way the session was conducted. She warmly invited the team to organize more such sessions in the future, stating that today's children truly need happiness, emotional support, and positive guidance for healthy growth and development.



Government Sindhi Upper Primary School, Sindhi Sanganer

Key Takeaways from the Session

- Students learned to identify, understand, and express their emotions in a healthy way.
- Interactive activities helped build confidence, self-awareness, and communication skills.
- Teachers' real-life stories created a deep emotional connection and inspired resilience among students.
- The importance of meditation, positivity, and self-care was effectively communicated.
- The program promoted a supportive and open environment for discussing mental health.

Impact of the Workshop:

The session left a lasting impression on both students and teachers. Children became more comfortable sharing their thoughts and emotions, which is a crucial step toward building emotional strength. The activities not only made learning enjoyable but also meaningful, helping students connect with their inner feelings.

Teachers appreciated the practical and relatable approach of the program, recognizing its importance in today's fast-paced and often stressful environment. The initiative strengthened the bond between students and teachers, fostering trust, openness, and positivity within the school environment.

Overall, the program successfully highlighted the importance of mental health and created awareness in a way that was engaging, relatable, and impactful.

SPECIAL DAY CELEBRATION

Bhajan & Counselling Sangam: A New Direction Towards Mental and Spiritual Empowerment



Omashray Seva Dham at Omashray Seva Dham, Jaipur

On 4th April 2026 at 10:00 AM, a grand and meaningful event titled “Bhajan & Counselling Sangam” was successfully organized by the Centre for Community Resilience and Advocacy Foundation (CCRAF) in collaboration with Omashray Seva Dham at Omashray Seva Dham, Jaipur. The event was dedicated to the mental, emotional, social, and spiritual rehabilitation of the residents (Prabhujans) living in the ashram.

The objective of the program was to promote holistic development, psycho-social strengthening, emotional stability, and spiritual upliftment of the residents through a unique combination of Bhajan, Yagya, Counselling, Gratitude Practice, Music, and Community Participation.

Inauguration and Welcome Ceremony:

The program began with the inaugural address by Dr. Ganesh Narayan Chaudhary, Director of CCRAF. All the guests, artists, and Omashray staff members were warmly welcomed and honored with safa, garland, and shawl as a mark of respect and gratitude.

The staff members of Omashray Seva Dham who were present and honored included Jai Singh Gurjar, Pradeep Kumar, Prakash Nachakani, and Taj Kumar Singh.

The founder of Omashray Seva Dham Shri Yashpal Yash and his wife Smt. Madhu Yash were also honored and appreciated for their dedicated service towards rehabilitation and care of the residents.

The chief guests present at the event were Dr. Pramod Pal, Pawan Goyal, Deepankar Yash, Vandana Goyal, and social worker Shri Gyarsilal Baura, who shared inspiring thoughts and appreciated the efforts of CCRAF and Omashray Seva Dham for working towards social rehabilitation and mental well-being.

Spiritual and Cultural Activities:

A Yagya-Havan ceremony was organized with collective participation, where Smt. Madhu Yash performed as the Yajman. All CCRAF members, guests, and staff participated in the sacred ritual and offered ahuti in the havan. The environment became filled with positive energy, peace, and spiritual harmony.

Rajasthan's renowned bhajan singer Shri Suresh Gehlot and his team presented devotional bhajans that emotionally touched everyone present. Dance Guru Shri Rajendra Rao presented a folk performance that filled the environment with enthusiasm and joy.



Tagore Senior Secondary School , Bonli, Sawai Madhopur

Reiki healer Dr. Archana Rathore delivered a session on gratitude, emotional balance, and self-healing, and guided the residents to practice self-gratitude and self-acceptance.

Special Contributions:

The event was beautifully hosted and conducted by Mrs. Anamika Chakravarty, Project Coordinator, CCRAF, with energy enthusiasm, efficiency and coordination. The entire event was captured and documented by Ashish Vaishnav and Shankar Panchal through photography and videography. Ashish Vaishnav, Social Media Manager of CCRAF, later shared the event videos on Instagram, Facebook, and YouTube to spread awareness and encourage more people to support the cause. Krishna Vaishnav contributed by distributing 30 kg bananas among the residents as part of seva and community support.

During the closing ceremony, Chief Advisor of CCRAF Shri Deepak Ameta delivered the vote of thanks and expressed gratitude to all guests, artists, volunteers, and participants. Dr. Pramod Pal, Pawan Arya, Smt. Vandana Arya, Deepankar Dharmchand Agrawal, and Master Pranav Yash showered flowers on the guests, artists, and residents, making the environment emotional with joyful memories.

Impact

The event had a deep emotional and psychological impact on the residents of Omashray Seva Dham. The Bhajan, Yagya, Counselling, Gratitude Session, and cultural activities created a positive, peaceful, and emotionally supportive environment. The residents felt valued, respected, connected, and emotionally uplifted. The program also helped spread awareness in society about the importance of mental health, rehabilitation, community support, and spiritual healing. Through social media outreach, the event reached many people, encouraging them to support and connect with Omashray Seva Dham and CCRAF in their social service initiatives.

World Environment Day Celebration 2026, JDA Park, Mahesh Nagar



World Environment Day 2026 (5th June) was celebrated with great enthusiasm and community participation through a collaborative initiative of Desire Foundation and CCRAF at JDA Park, Mahesh Nagar. The event served as a powerful platform to raise awareness about environmental conservation, sustainable living, and the urgent need to eliminate single-use plastic from daily life.

The campaign was built around the theme of “Plastic-Free Market, Green Future,” bringing together traders, students, educators, social workers, environmental experts, youth volunteers, and community leaders. Through meaningful discussions, practical demonstrations, and interactive activities, participants were encouraged to adopt environmentally responsible practices and become active contributors to a cleaner and healthier society.

EVENT OBJECTIVES

- Promote sustainable alternatives to single-use plastic.
- Encourage responsible consumption and waste reduction.
- Build environmental awareness among traders, students, and citizens.
- Strengthen community participation in climate action.
- Inspire long-term behavioral change through collective responsibility.

DISTINGUISHED GUESTS AND DIGNITARIES

- Prakash Chandra Agarwal – Market President
- Shivshankar Sharma – General Secretary
- Durlabh Ji – Treasurer
- Rajkumar Ji – Executive President
- Sawar Mal Soni – Vice President
- Ms. Anju – PIU ICE Expert

The dignitaries were welcomed with eco-friendly saplings by Ms. Ruchi Khandelwal, Director, Desire Foundation. The tree plantation gesture symbolized growth, environmental stewardship, and the shared commitment toward a greener future.

MAJOR HIGHLIGHTS OF THE PROGRAM

- Demonstration and public awareness session on the Cloth Bag Vending Machine.
- Promotion of reusable cloth bags through an affordable ₹5 vending initiative.
- Direct appeal to traders and shopkeepers to reduce and eventually eliminate plastic bag distribution.
- Student-led street play (Nukkad Natak) highlighting environmental challenges and practical solutions.
- Environmental awareness interactions with local citizens and market visitors.
- Rapid-Fire Environmental Quiz conducted by Yogesh Ji, generating excitement and learning among participants.
- Environmental Pledge led by Mrs. Anamika Chakravarty, encouraging participants to adopt sustainable lifestyle practices.
- Vision-sharing and motivational session by Ms. Ruchi Khandelwal on community-led environmental transformation.
- Recognition and cash awards for students who actively participated in awareness activities.
- Public engagement activities focused on waste segregation, recycling, and responsible consumer behavior.

World Environment Day Celebration 2026, JDA Park, Mahesh Nagar



COMMUNITY PARTICIPATION

The event witnessed enthusiastic participation from traders' associations, students, educators, volunteers, social organizations, and local residents. The collaborative spirit demonstrated how environmental protection becomes more impactful when communities work together with a common purpose.

PROGRAM COORDINATION

- Yogesh Ji – Project Coordinator, Desire Foundation
- Mrs. Anamika Chakravarty – Project Coordinator, CCRAF

MEDIA AND DIGITAL OUTREACH

The event was documented and promoted by Ashish Vaishnav, Social Media Manager, CCRAF. Through Facebook, Instagram, YouTube, and other digital platforms, the campaign message reached a broader audience, extending awareness beyond the event venue and encouraging wider public participation.

KEY TAKEAWAYS

- Reduce dependence on single-use plastic products.
- Encourage the regular use of reusable cloth bags.
- Promote environmentally responsible business practices.
- Increase youth participation in environmental initiatives.
- Foster a culture of sustainability and civic responsibility.
- Strengthen partnerships between community stakeholders and environmental organizations.

World Environment Day Celebration 2026, JDA Park, Mahesh Nagar



IMPACT AND OUTCOMES

- Significant awareness generated among traders, students, and citizens.
- Increased interest in sustainable alternatives to plastic.
- Enhanced environmental responsibility through public pledges and discussions.
- Stronger collaboration among community groups and local stakeholders.
- Greater visibility of environmental issues through digital outreach.
- Motivation for individuals and businesses to adopt eco-friendly practices.
- Positive engagement of youth as ambassadors of environmental conservation.

FUTURE COMMITMENT

Desire Foundation and CCRAF reaffirm their commitment to promoting environmental education, sustainability campaigns, community awareness programs, and youth-led environmental action. The organizations will continue working with educational institutions, market associations, and community groups to create a long-term positive environmental impact.

CONCLUSION

The World Environment Day 2026 celebration at JDA Park, Mahesh Nagar was more than an awareness event—it was a collective movement toward environmental responsibility. By bringing together community leaders, traders, students, and citizens, the initiative successfully promoted the vision of a Plastic-Free Market and a Greener Future. The event demonstrated that meaningful change begins at the community level and grows stronger when individuals unite with a shared commitment to protecting the environment for future generations.

भजन, यज्ञ संपन्न

जयपुर @ पत्रिका. मानसरोवर, मुहाना रोड स्थित ओमाश्रय सेवाधाम में भजन, काउंसलिंग संगम कार्यक्रम हुआ। इस दौरान सामूहिक सहभागिता से यज्ञ भी हुआ। संस्थापक यशपाल यश ने कहा कि ऐसे आयोजन जीवन में आशा और सकारात्मकता का संचार करते हैं। कार्यक्रम में गायक सुरेश गहलोत और उनकी टीम ने भक्ति संगीत की प्रस्तुति दी। डॉ. राजेंद्र राव ने लोकगीतों की प्रस्तुति से लोगों से खूब तालियां बटोरी। कार्यक्रम में डॉ. गणेश नारायण चौधरी, मधु यश, डॉ. अर्चना राठौड़, दीपक अमेटा व डॉ. प्रमोद पाल सहित अन्य लोग मौजूद रहे।

जयपुर में 'भजन एवं काउंसलिंग संगम' से मानसिक व आध्यात्मिक सशक्तिकरण को मिली नई दिशा

सीसीआरएफ और ओमाश्रय सेवाधाम की पहल—भजन, यज्ञ और काउंसलिंग के समन्वय से प्रभुजनों के पुनर्वास को मिला संबल

द डेसिंग

जयपुर। सामाजिक पुनर्वास, मानसिक स्वास्थ्य संवर्धन एवं आध्यात्मिक सशक्तिकरण की दिशा में एक सफल पहल करते हुए सीसीआरएफ द्वारा ओमाश्रय सेवाधाम में 'भजन एवं काउंसलिंग संगम' का सफल आयोजन किया गया। कार्यक्रम का उद्देश्य आश्रम में निवासरत प्रभुजनों के समग्र विकास, मनोसामाजिक सुदृढ़ीकरण, भावनात्मक स्थिरता एवं आध्यात्मिक उन्नयन को प्रोत्साहित करना रहा। कार्यक्रम का शुभारंभ सीसीआरएफ के निदेशक डॉ. गणेश नारायण चौधरी के उद्घाटन संबोधन से हुआ। उन्होंने ओमाश्रय सेवाधाम द्वारा परिवर्तन एवं जरूरतमंद व्यक्तियों के पुनर्वास हेतु किए जा रहे कार्यों की सराहना करते हुए कहा कि आध्यात्मिकता, परामर्श और सामुदायिक सहभागिता का समन्वय आत्मविश्वास बढ़ाने और पुनर्वासिजीकरण में अत्यंत प्रभावी सिद्ध होता है। संस्थापक श्री यशपाल यश ने बताया कि ऐसे आयोजन जीवन में आशा और सकारात्मकता का संचार करते हैं। इस दौरान सामूहिक सहभागिता से यज्ञ (हवन) का आयोजन किया गया, जिसमें श्रीमती मधु यश मुख्य यज्ञमान रही। यज्ञ से वातावरण सकारात्मक ऊर्जा और मानसिक शांति से परिपूर्ण हो उठा। कार्यक्रम में भजन गायक सुरेश गहलोत एवं उनकी टीम ने भक्ति संगीत



प्रस्तुत कर सभी को भावविभोर कर दिया। मुख्य गुरु डॉ. राजेंद्र राव द्वारा प्रस्तुत लोकगीत ने उन्साह का संचार किया। वहीं रेकी होलर डॉ. अर्चना राठौड़ ने कृतज्ञता के महत्व पर प्रकाश डालते हुए संतुलित एवं संतोषपूर्ण जीवन के सूत्र साझा किए। समापन अवसर पर सीसीआरएफ के मुख्य सलाहकार दीपक अमेटा ने सभी अतिथियों, कलाकारों एवं प्रतिभागियों का आभार व्यक्त किया। कार्यक्रम का चालन अनामिका चक्रवर्ती एवं आशीष वैष्णव ने प्रभावी ढंग से किया। इस दौरान संस्थान सचिव डॉ. प्रमोद पाल, चवन आर्य, श्रीमती वंदना आर्य, दीपक धर्म चंद अग्रवाल एवं मास्टर प्रणव यश द्वारा कलाकारों एवं प्रभुजनों पर पुष्प वर्षा कर उन्साहवर्धन किया गया, जिससे पूरा वातावरण भावनात्मक और आनंदमय बन गया।

Jaipur Event भजन और काउंसलिंग से बदली जिंदगी, अनोखी पहल ने जीता दिल

Bodh Saurabh Web Team • राजस्थान •

April 5, 2026



Jaipur News: जयपुर। सेंटर फॉर कम्युनिटी

ओमाश्रय सेवाधाम में 'भजन एवं काउंसलिंग संगम' का आयोजन



महानगर टाइम्स संवाददाता

जयपुर। सामाजिक पुनर्वास मानसिक स्वास्थ्य संवर्धन एवं आध्यात्मिक सशक्तिकरण के लिए सीसीआरएफ की ओर से शनिवार को भजन एवं काउंसलिंग संगम का आयोजन किया गया। कार्यक्रम का शुभारंभ सीसीआरएफ के निदेशक डॉ. गणेश नारायण चौधरी के उद्घाटन संबोधन से हुआ। उन्होंने ओमाश्रय सेवाधाम द्वारा परित्यक्त एवं जरूरतमंद व्यक्तियों के पुनर्वास के लिए किए जा रहे कार्यों की सराहना की। ओमाश्रय सेवाधाम के संस्थापक यशपाल यश ने कहा कि ऐसे आयोजन जीवन में आशा और सकारात्मकता का संचार करते हैं। उन्होंने बताया कि इस दौरान सामूहिक सहभागिता से यज्ञ (हवन) का आयोजन किया गया, जिसमें मधु यश मुख्य यजमान रहें, जिसने वातावरण को सकारात्मक ऊर्जा एवं मानसिक शांति से परिपूर्ण कर दिया। कार्यक्रम में भजन गायक सुरेश गहलोत एवं उनकी टीम ने भक्ति संगीत प्रस्तुत कर वातावरण को भक्तिमय बना दिया। नृत्य गुरु डॉ. राजेंद्र राव द्वारा प्रस्तुत लोकगीत ने कार्यक्रम में उत्साह का संचार किया। वहीं, रेकी हीलर डॉ. अर्चना राठौड़ ने कृतज्ञता के महत्व पर प्रकाश डालते हुए जीवन में संतोष एवं संतुलन बनाए रखने के उपाय साझा किए।

Rajasthan

Positive Initiative जयपुर में अनोखा कार्यक्रम, प्रभुजनों के पुनर्वास की नई मिसाल

By **fire post** - April 5, 2026



Jaipur News: जयपुर। सेंटर फॉर कम्युनिटी रेजिलिएंस एंड एडवोकेसी फाउंडेशन (CCRF) द्वारा ओमाश्रय सेवाधाम, जयपुर में "भजन एवं काउंसलिंग संगम" का आयोजन किया गया। यह कार्यक्रम आश्रम में निवासरत प्रभुजनों (survivors) के समग्र विकास, विशेषकर उनके मनोसामाजिक सुदृढीकरण, भावनात्मक



Rajasthan

एक कपड़े का थैला, हजारों प्लास्टिक बैग पर भारी... जयपुर ने विश्व पर्यावरण दिवस पर दिया बड़ा संदेश!

By **fire post** - June 6, 2026

Rising Truth

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विश्व पर्यावरण दिवस पर महेश नगर में चला 'प्लास्टिक मुक्त अभियान', कपड़े के थैले अपनाने का दिया संदेश

Bodhi Saurabh Web Team • तबस्थान • May 6, 2026



World Environment Day: जयपुर। विश्व पर्यावरण दिवस के अवसर पर नगर निगम जयपुर के महापौर नगर जोन क्षेत्र के वार्ड संख्या 86 स्थित भ्रमेश नगर समीची मंडी में "वास्तविक मुक्त अभियान" के तहत व्यापक जन-जागरूकता कार्यक्रम आयोजित किया गया। (World Environment Day) यह कार्यक्रम विज्ञान केंद्रेशन एवं सेंटर फॉर क्यूमिनिटी रिलेशिप्स एंड एकोनोमिकी केंद्रेशन के संयुक्त तात्वाधान में आयोजित हुआ।

^१कम के दौरान आम जनता को, खासतौर पर ग्रामीणों को शिगल बुरा स्वास्थ्यिक से होने वाले पर्यावरणीय नुकसान और इसके विकटों के बारे में जागरूक किया गया। डिजिटल कानूनीद्वारा स्थापित और सूचित संवर्धित वित्तिय डेटिंग मशीन की जानकारी देते हुए बताया गया कि कपड़े का पैसा प्राप्त कर सकते हैं, जो लगभग 7 किलोग्राम तक भार खनन करने में सक्षम है।

कार्यक्रम का भी आयोजन किया गया, जिसमें सही उत्तर देने वाले प्रतिभागियों को प्रोत्साहन स्वरूप टी-शर्ट वितरित की गई।



इस अवसर पर डिज़ाइन फाउंडेशन की निदेशक रुचि खेलेताल, महेश नगर मार्केट अध्यक्ष काकाश चंद अग्रवाल, महामंत्री शिव शंकर शर्मा, सेंटर फॉर कम्युनिटी रेंजिलिएंस एंड एडवोकेसी फाउंडेशन के निदेशक डॉ. गणेश नारायण चौधरी, प्रोजेक्ट समन्वयक श्रीमती अनामिका, डिज़ाइन फाउंडेशन से योगेश शर्मा, नगर निगम जयपुर की PAU टीम से मिस अंजु (ICE एक्सपर्ट) तथा अर्जुन (इंचार्ज) सहित अनेक गणमान्य नागरिक, व्यापारी एवं क्षेत्रवासी उपस्थित रहे।



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